



Help Spokes and Lacey find the way to school.



Down:

1. Every time you are on your bike, you should wear this on your head.
3. This organ pumps blood throughout your body. Exercising help improve its strength.
7. When walking or biking, you should always wear brightly colored and reflective clothing, so you can _____.
8. Walking or biking can help you do better in school, because exercising increases your _____ span.
9. Riding in a car may mean you have to wait in _____.

Across:

2. You should look _____, _____, and then _____ again, before crossing a street or intersection.
4. When should you play in the road?
5. It's fun to ride this to school.
6. It's cool to _____!
10. If you walk or bike, you are being _____.
11. Safe Routes to School programs help children walk and bike to school by making it convenient, fun, and _____!

